# 2020-21 MIAC Men's Swimming & Diving Regional and National Awards

## ATHLETIC HONORS

## 2021 MIAC Men's Swimming and Diving CSCAA All-Americans

Name	Institution	Class	Event	<b>Previous Selections</b>
Matthew Allison	Gustavus	Sr.	200-Yard Freestyle Relay	
Matthew Allison	Gustavus	Sr.	400-Yard Freestyle Relay	2019 (HM)   2020
Andrew Becker	Gustavus	So.	50-Yard Freestyle	
Andrew Becker	Gustavus	So.	100-Yard Freestyle	
Andrew Becker	Gustavus	So.	200-Yard Freestyle Relay	
Andrew Becker	Gustavus	So.	400-Yard Freestyle Relay	2020
Nolan Larson	Gustavus	Sr.	200-Yard Freestyle Relay	
Nolan Larson	Gustavus	Sr.	400-Yard Freestyle Relay	2019 (HM)   2020
Nolan Larson	Gustavus	Sr.	200-Yard Butterfly (2nd Team)	
Nolan Larson	Gustavus	Sr.	200-Yard Individual Medley (2nd Team)	
Peyton Richardson	Gustavus	Fy.	400-Yard Individual Medley (2nd Team)	
Kieran Ripken	Gustavus	Fy.	200-Yard Freestyle Relay	
Kieran Ripken	Gustavus	Fy.	400-Yard Freestle Relay	
Jack Grabinski	Saint John's	So.	1-meter Diving (2nd Team)	2020
Jack Grabinski	Saint John's	So.	3-meter Diving	2020
Connor Reed	Saint John's	So.	1-meter Diving (2nd Team)	

#### **ACADEMIC HONORS**

# 2020-21 CSCAA Men's Scholar All-America Team

Name	Institution	Class	Hometown   High School	Team	Previous Selections
Matt Allison	Gustavus	Sr.	Grand Rapids, Minn.	First Team	2020 (1T)
Andrew Becker	Gustavus	So.	Northfield, Minn.	First Team	
Nolan Larson	Gustavus	Sr.	West Des Moines, Iowa   Dowling Catholic	First Team	
Peyton Richardson	Gustavus	Fy.	Crystal Lake, Minn.	First Team	
Kieran Ripken	Gustavus	Fy.	Blaine, Minn.   Spring Lake Park	First Team	
Jack Grabinski	Saint John's	So.	Sauk Rapids, Minn.   Sauk Rapids-Rice	First Team	2020 (1T)

# 2021 CoSIDA Academic All-District At-Large

Sport	Name	Institution	Class	GPA	Major	Previous Selections
Men's Swimming	Jack Heinzel	Carleton	Sr.	3.95	Physics   Mathematics	

## **MIAC AWARDS**

| 2021 MIAC Men's Swimming and Diving Awards | Athletes of the Week | Elite 22 Award | Academic All-Conference |